



Our boost menu is meticulously made by our Chef to serve you with delicious and nutritious meals. Take delight in healthy alternatives with delectable twists - from appetizers to desserts.

## A P P E T I Z E R

**Roasted Veggie Wrap** . . . . . **Php 290**  
Roasted capsicum, carrots, asparagus, kale, air-dried tomato wrapped in romaine lettuce, drizzled with lemon muscovado dressing

**Vegan Dynamite Rolls** . . . . . **Php 215**  
Cucumber with shiitake mushroom, spinach, avocado, black sesame, sriracha, pumpkin seeds and scallion in wrapper

**Quest Spring Rolls** . . . . . **Php 115**  
Minced vegetables rolled in rice paper or thin dough fried to golden brown

ALLERGENS:



Dairy



Lupin



Nut



Celery



Egg



Soybeans



Oats



Wheat



Sesame



Spicy or Mild Spicy

## S O U P

**Curried Lentil Soup** . . . . . **Php 100**  
With lemon wedges, shiitake mushroom bacon, and fresh coriander

**Minestrone Soup** . . . . . **Php 120**  
Thick vegetable soup with gluten-free pasta and fresh herbs

**Triple Tomato Soup** . . . . . **Php 120**  
Chunky tomato soup with celery, fresh cilantro, basil, and garlic paste

## T H E M A I N

**Vegetarian Chili** . . . . . **Php 335**  
Red kidney beans, red lentil, yellow capsicum, diced carrots, minced tomato and fresh cilantro

**Mushroom and Green Pea Risotto** . . . . . **Php 345**  
Short-grain brown rice braised in cashew purée, apple cider vinegar, thyme, and nutritional yeast

**Crispy Eggplant Parmesan** . . . . . **Php 320**  
Coated with vegan parmesan cheese served with gluten-free pasta marinara on top

**Vegan Pad Thai** . . . . . **Php 435**  
Classic Thai rice noodles with beansprout, mixed capsicum, grated carrots and ginger, fried tofu, peanut, and cilantro

**Malunggay Pesto Fettuccine** . . . . . **Php 295**  
Blended horseradish leaves with basil, vegan parmesan cheese, garlic, cashew, and olive oil tossed in fettuccine pasta

**Bicol Express** . . . . . **Php 275**  
Mixed Asian vegetables braised in fresh coconut milk, blended cashew nuts, and chopped chilies

**Grilled Veggie Burger** . . . . . **Php 240**  
Gluten-free meatless burger made with black beans, walnuts, and fresh herbs

## D E S S E R T

**Purple Sweet Potato Pie** . . . . . **Php 200**  
Fresh purple sweet potato mashed in almond milk and baked in gluten-free crust

**Walnut Banana Cake** . . . . . **Php 165**  
Flavored with vanilla extract, pandan, and ginger powder

